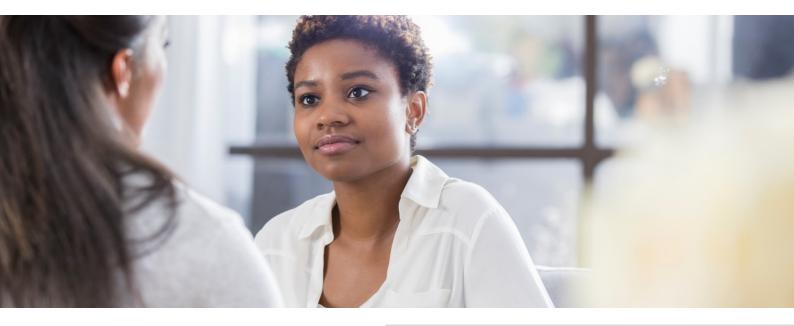
MENTORSHP PROGRAM

Reserve your spot now – space limited!





MENTORED AND GROOMED FOR TIMES SUCH AS THIS!

Inspired by the book of Esther, the program is aimed at empowering, encouraging, and inspiring those who are in pursuit of purpose "to do the right thing and honour" their calling regardless of what is at stake.

COMMENCING: 1 MARCH 2023

REALISE YOUR FULL POTENTIAL

"Your light does not need to dim for someone else's to shine, you just need leaders with good hearts and a willingness to hold your hand, for you to realise your full potential".

DR MATETE LERUTLA



WHY is mentorship important?

Many people aspire to live a fulfilling and meaningful life; some get it right by themselves, others are never able to reach their full potential. Those who invest in intentional and purposeful development of self, tend to achieve more in life than most people can.

It is an established fact that mentorship help with:

- personal growth & career success
- increased self-confidence,
- improved self-awareness & productivity
- exposure to different thinking and perspective
- ❖ Expanded & developed networking skills

As we operate in a highly volatile, uncertain, complex, and ambiguous environments, more and more, your success is depended on your readiness to take up the challenges posed at you at any point in your life and your ability to rise, have the courage to fulfil your obligations and mandate with confidence.



WHAT is covered in the programme?

At the end of the 8-week programme, participants would have gained knowledge, wisdom, and skills on how to navigate their personal and professional lives. Topics themes include:

- (a) Purpose and Career fulfilment
- (b) The 3 types of Intelligence (IQ, EQ and SQ as enablers of purpose)
- (c) Personal Branding and Stakeholder management
- (d) Resilience, Networking, and career pathing.

As part of the programme, each participants gets a 90-minute Individualized Development Plan (IDP), session with DrM. They also walk away with a network of sustainable support outside their current inner circle.

HOW are the sessions run?

The mentorship program is delivered virtually over an 8week period. Interaction takes place in a relaxed and psychologically safe space where participants' learning is maximized through discussions, probing, practicing learned skills, and learning from each other. There will be not more than 12 participants per program.

Through this mode of learning, participants are empowered to step into greatness and to embrace their assignments without losing themselves and their identity in the process. Sessions will be run on Wednesday/Friday afternoons for 90-minutes.

WHO is eligible for the programme?

If you are at a point in your life or career journey where there is a need to transition, to review your trajectory, repurpose your paths for career fulfillment and personal alignment; the need to boost your morale and confidence, to challenge your mindset, fears and limiting behaviours - this program will help you realign and transition to your next destination.

For the young professional, emerging leader to take bigger leadership up responsibilities, the program will prepare you to navigate your career with relative ease.



WHAT is the investment?

630 hours covered over 6 – 8 weeks. Combination of classroom learning, reflection exercises and 90minute personal coaching.

Once-off investment of R2 500,00 per person without a book OR R2 800 with a book.

To register visit our website <u>www.drmignite.com</u>

ABOUT DR M



Registered Clinical Psychologist | 20+ years HR Expertise | Author | Speaker potential and achieve things greater than what they

they are born to become. I am looking forward to





